



DR. SAGAR BHALKE

PSYCHIATRIST



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SAGARBHALKE8075@GMAIL.COM

EDUCATION

MD

T. N Medical College (TNMC) and BYL Nair Charitable Hospital, Mumbai,

M.B.B.S

Dr.Shankarrao Chavan Government Medical College(GMC), Nanded

AWARDS AND ACCOLADES

- Certified Verbal Autopsy Coder at SEARCH.
- 2nd prize at IASMPMM's writing contest for "Improving Sexual Health Education in the Undergraduate and Postgraduate Curriculum."
- Dr. PC Shashtri's Best Thesis Award (2023) at TNMC, Mumbai for "A Randomized, Double Blind Comparison of Efficacy and Cognitive Outcomes with Different Pulse Widths in Bifrontal ECTs in Schizophrenia."
- 2nd prize in poster presentation at IAGMH in the geriatric mental health conference.
- 1st prize at GMC's Annual Pathology Quiz, Nanded.
- Invited to annual alumni workshops at NIRMAN for two consecutive years.

PAPERS AND PUBLICATIONS

- Retrospective chart analysis of Psychiatry referrals for hospitalized COVID 19 patients in a Dedicated COVID Hospital in a metropolitan city in India.
- "Case Report: Endoxifen in Childhood Bipolar Disorder Management".
- A Randomized, Double Blind Comparison of Efficacy and Cognitive Outcomes with Different Pulse Widths in Bifrontal ECTs in Schizophrenia.

PROFESSIONAL BACKGROUND

A senior resident at the Department of Psychiatry at LTMMC and Sion Hospital with more than three years of work experience and Visiting Consultant at HUMSAFAR TRUST, Santa Cruz. Highly efficient in treating a range of mental health conditions across diverse age groups with a primary work focus on community mental health research and brain stimulation through ECT and rTMS.

EXPERIENCE

Sion Hospital, LTMMC

Senior Resident - 2023 to Present

- Treated OPD and IPD patients, conducted psycho-education sessions for caregivers, and supervised ECTs.
- Trained undergraduate, postgraduate, and nursing students.
- Conducted community mental clinics in Dharavi and child mental health awareness sessions at local schools as part of the hospital's outreach program.

HUMSAFAR TRUST, Santa Cruz

Consultant Psychiatrist

TNMC and BYL Nair Hospital, Mumbai

Resident Doctor - 2020 to 2023

SEARCH (Society for Education, Action and Research in Community Health)

Medical Officer & Research Associate - 2017 to 2018

COURSES AND CERTIFICATIONS

- Ongoing: Qualitative Research Methodology MOOC by University of Amsterdam, Coursera.
- Scored 95% in Omnicuris' Clinical Diagnosis of Oral Lesions online course by TATA Institute of Cancer Services.
- Completed Basic Course in Biomedical Research (BCBR) with a 92% score.

OTHER ACTIVITIES

- Conducted written and viva exams for MBBS, Nursing, OT, and PT undergraduates.
- Published scientific articles in newspapers and NGO journals to popularize mental health science.
- Co-founder of '@psychi_artist', an Instagram page promoting mental health awareness through evidence-based videos and posters.
- Proficient in Electroconvulsive therapies, Microsoft Office, online consultations via Zoom and Google Meets, and AI platforms like ChatGPT, BING AutoPilot, and Gemini.